

The Medicine Wheel - Session One

Coming to you in October, 2010

Dates to be announced

Come join us

As we grow our medicine together ~ for our own healing, and on behalf of *all our relations*, our families & communities; As we embrace our soul's journey, reaching toward our own highest destiny.

The **Medicine Wheel** will be facilitated by **Ellyn Rosenthal**, M.A. over a two-year period, beginning with this workshop Friday through Sunday, **TBA**, 2010, in Portland, OR. We will meet for three days every six months for the teachings of each cardinal direction.

We will learn the world view and seeing skills of the shaman, working effectively and with integrity to increase our capacity for transformation, creation and availability to life. We shed the hold our past has on us - the way the cosmic Serpent sheds her skin - in fluidity and without struggle. As we continue, Jaguar teaches us how to free ourselves and our community from the way lifelessness has stalked us, and to live with unconditional compassion. Eagle shows us the way to view our lives in a framework of vision and connection. With all of these medicine archetypes, we release ourselves into the mystery teachings and cultivate the luminous awareness and practical skills that allow us to access our deepest knowing and power. The three days together will be highly experiential; we will engage in self-exploration, sharing, writing, meditating, journeying, in ritual and ceremony. The workshop cost is \$425.

For details and registration contact:

Rosemary Beam

You need not commit to the two year process to begin the work. Space is limited, so please call/email to express interest or to register. Non-refundable deposits of \$200 will guarantee your place. Then registration will be welcome as space permits.

Logistics letters will be sent upon registration.

The Munay-Ki

The Munay-Ki comes from a Quechua word that means 'I love you.' The Munay-Ki are the nine rites of initiation to become a person of wisdom and power who has accepted the stewardship for all creation. The nine rites are common to all shamanic traditions, even though they are expressed in different forms and styles in different cultures. They derive from the great initiations from the Hindu Valley that were brought to the Americas by the first medicine men and women who crossed the Bering Straits from Siberia during the glacial period some 30,000 years ago. These courageous travelers were the Laika, the Earthkeepers of old.

The Munay-Ki Classes & Mentoring

Private transmittal of the Rites and

Mentoring- Appointments for rites can be made with Rosemary. The rites will be individualized based on your needs and goals.

Munay-Ki Rites and Class- This Class is set up to transmit the rites to you and teach you how to gift them to others. The Class begins with a fire ceremony on Friday evening. The fire ceremony is a sacred traditional ceremony passed down by the Laika that is used as a catalyst to release your prayers to spirit in a powerful way. The first 4 rites are given on Saturday from 9:30 to 6:30 and the last 5 rites will be given on the following Sunday from 9:30 to 6:30. Along with receiving the rites you will get to practice giving the rites as well as connect with others on the same path. The class includes all of the necessary information and supplies needed for the rites. Cost: \$450.00

Please contact Rosemary for schedule of events.



rosemarybeam.com

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rosemarybeam.com



Rosemary Beam's Crystal Bear Connections

**Rejuvenation and Education
of the
Mind, Body & Soul**

June 2010 ISSUE

Tel: 503-895-4730

rosemarybeam.com

What's Happening?



Monthly Crystal Classes!

The Stone Transformation! Malachite transforms the energy in all chakras especially the heart and throat. It encourages intuitive problem solving and facilitates change to bring forth advancement. It also encourages fidelity in all relationships. This is a great stone for this time of in our evolution and this time of year with the lunar eclipse coming the end of June.

Coming in

June:

Malachite

The Stone Transformation! Malachite transforms the energy in all chakras especially the heart and throat. It encourages intuitive problem solving and facilitates change to bring forth advancement. It also encourages fidelity in all relationships. This is a great stone for this time of in our evolution and this time of year with the lunar eclipse coming the end of June.

DATE: Friday, June 18th

TIME: 7-9 PM

WHERE: Sellwood Spirit Feathers
7704 SE 13th Ave. Portland 97202

COST: \$20

TO REGISTER: Contact Rosemary at 503-895-4730,
or info@rosemarybeam.com

Drop-Ins Welcome!

Tuesday Night Meditation Classes

When: Every Tuesday Night from 7 - 8(ish)
Doors open 6:30 to 7:00

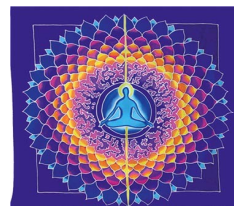
- NO LATE ARRIVALS PLEASE -

Where: Sellwood Spirit Feathers

7704 SE 13th Ave Portland 97202

(Please contact Rosemary for RSVP and directions)

Cost: Donations of \$5-\$20 help keep this program running and are greatly appreciated.



This class is for everyone that wants to create calm in their life. Learn walking meditation, body and mind calming techniques and much, much more. Each week we will focus on different techniques to enhance, or build a foundation for your own practice. Come join us in our beautiful, peaceful healing space. By donation, everyone is welcome.

For more information contact Rosemary at: 503-895-4730, info@rosemarybeam.com- or - www.rosemarybeam.com

Namaste'



Shamanic Crystal Readings

If you are drawn to a crystal, it has knowledge for you! Using ancient techniques, Rosemary journeys into crystals to gather information on your behalf. As she does this, she establishes a dialogue with the consciousness of the crystals. This technique is unique in that it allows you, the client, to come into communication with the crystals of your choosing. For your Shamanic Crystal Reading, you can bring a crystal or a piece of your own jewelry. Or, you can choose one from Rosemary's collection, or from Sellwood Spirit Feathers' assortment of beautiful crystals.

Where: Sellwood Spirit Feathers
7704 SE 13th Ave. Portland 97202

When: Sat., June 5th & Sat., June 19th

2-5 pm (On a first-come-first-served basis)

Cost: 1/2 hour - \$50 Full hour - \$90

Appointments recommended!

Readings also available at a time better suited to your needs - Please call for an appointment.

Shamanic Crystal Readings available for parties and events!

For more information on products and services please go to www.rosemarybeam.com

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