

'Melody' Crystal Workshop - Level I (2-Days)

The Laying on of Stones with Laying on of Hands Foundation Course.

You will have an opportunity to work hands-on with crystals including the Faden crystal. You will learn through an experiential style of teaching how to open and balance chakras. You will meet and greet your Inner Self. Love is in the Earth "Laying on of Stones with Laying on of Hands" book is required and can be purchased at Sellwood Spirit Feathers and other fine book stores.

2-Day Workshop: \$295.00*

Sat. January 15th - 9:30-6(ish) AND Sun. January 16th 9:30-6(ish).

Location: Sellwood Spirit Feathers - 7704 SE 13th Ave Portland 97202

Registration is required. For registration information and *payment options contact Rosemary at 503-895-4730. For more info go to: www.rosemarybeam.com or info@rosemarybeam.com

Experiential Shamanic Journey

Saturday, January 8th - 7-9 pm

Sellwood Spirit Feathers - 7704 SE 13th Ave Portland 97202

Learn and experience this core Shamanic skill - the Journey. Using drums or rattles, we will enter into the "Shamanic State of Consciousness". Cost \$20

Please bring something to lie on (like a yoga mat), and a blanket. We have pillows and cushions.

Panchatattva Method: Consciously Crafting Self

Saturday, January 29th - 1-4 pm. There are many layers of Self, each with the potential to offer rich resources of virtually unfathomable beauty and power. But how do we remove our self-limiting energy patterns to reveal, access, and leverage these resources? In this class, we will explore the concept of Consciously Crafting Self™ through the lens of five exotic essential oils and their resonant energies that stimulate our doshas, chakras, and subtle bodies, particularly the energies stemming from the oils' associated mantras, yantras, archetypes, and rituals. (Includes Primer and the opportunity to make a blend). **This workshop is a prerequisite for advanced Tattvas Method classes.** To register for this event held at my healing space at Spirit Feathers, please contact me at 503-895-4730 or email me at info@rosemarybeam.com. Investment cost only \$45.00

Instructor: Rosemary Beam. Assisted by: Aileen Halvorson

MUNAY-KI - Introduction and Mentoring

Thursday, Jan. 27th 7-9 pm

Gather with others to learn about, and how to work with, the Munay-Ki Rites. This Class is for everyone. It is my way of introducing you to the Munay-Ki, which are The Great Rites of the Q'ero, the indigenous people of the high Andes in Peru. Learn ways to grow your seeds or continue to grow your seeds if you have received any or all of the great Rites. Receive Rites that have been mulched or get your Rites for the first time. Cost: \$10-\$30 sliding scale.

For those of you who have taken the Rites Intensive with me, please come as my guest, and bring a friend!



Fire Ceremony

Wednesday, Jan. 12th ~ 7PM

Come join us to experience a traditional Peruvian Fire Ceremony. This is a powerful way to release worries and heavy energies, call in what is needed, and express prayers and gratitude. This event occurs outdoors in Clouds, Rain and Moonbeams, so be sure to bring warm clothing and rain gear. parted most nights! This event does **NOT** occur at Spirit Feathers. A 'pay what you can' fee starts at \$10.00 to help offset costs of this event. Contact Rosemary for location info.

ALL MONTH LONG

Tuesday Night Meditation Class

When: Every Tuesday Night
from 7:00- 8:00(ish) pm

Where: 7704 SE 13th Ave. Portland,
OR 97202

This class is for everyone that wants to create calm in their life. Learn walking meditation, body and mind calming techniques and much, much more. Each week we will focus on different techniques to enhance, or build a foundation for your own practice. Meet other local people who practice Meditation. Discuss techniques, philosophies and schools of thought. Come join us in our beautiful, peaceful healing space. By donation, everyone is welcome!

RosemaryBeam.com

7704 SE 13th Ave.
Portland, Oregon 97202

Phone: 503-895-4730
Fax: 503-206-6178
E-mail: info@rosemarybeam.com
<http://www.rosemarybeam.com>