

# We've Moved!!

I am very happy to announce that I have a new and beautiful Healing Space.

There is a wonderful meeting space that is used for meditation, classes, and to showcase local artists., as well as a new healing space.

Please keep an eye out for the grand opening event invitation!

Please note our new location and contact info.

Rosemary Beam, TCI, Reiki Master

333 SW Park Ave. Suite 307

Portland, OR 97205

Office: (503) 895-4730

Fax: (503) 206-6178

E-Mail: [crystalbear22@msn.com](mailto:crystalbear22@msn.com)

Web: [www.rosemarybeam.com](http://www.rosemarybeam.com)

## **About Rosemary:**

Rosemary spent her childhood in the shadow of Mt. Lassen Volcanic National Park, surrounded by rocks from the center of the Earth that sprang forth when Mt. Tehama erupted. She grew up on what was once Native American land; there was an Indian ritual and burial site on the 155 acres. Every moment of her childhood was spent collecting rocks, especially the volcano's obsidian, and some very amazing arrow heads. Rocks called to her, they twinkled, and they asked her to pick them up, and she did.

Rosemary is a Certified "Melody" method Crystal Healing Instructor, Master Crystologist, Reiki Master and has studied Therapeutic Healing Touch methods. She has been studying Crystals & Healing for over 20 years and has a Crystal Healing Practice and a line of crystal essences called Crystal Nectar in Portland, Oregon. She offers personal healing sessions, workshops (including the "Melody" certification courses), crystal readings, and meditation classes.

# Crystals and Your Chakras

This class will be a 7 part/ 7week class. Each class will be focused on one particular chakra and the crystals and stones that help them open and function optimally. You will learn exercises and breathing techniques to help maintain healthy chakras as well as a healthy energy field. The first class will start with the base chakra "Muladhara". During the 7 weeks we will cover each chakra, ascending to the crown chakra "Sahasrara".

**New Classes Starting Soon!!**

**When: TBA**

**Day of the week: TBA**

**Location: Rosemary's Healing Space**

**333 SW Park Ave. (Between Stark and Oak)**

**Portland 97205**

**Time: 7pm – 9pm**

**\*\*Special prepaid rate for all 7 classes \$100.00 (savings of \$40.00)**

**Drop-ins welcome \$20.00 per class.**

**For more info and registration contact  
Rosemary at 503-895-4730**



[rosemarybeam.com](http://www.rosemarybeam.com)

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**Rosemary Beam's  
Crystal Bear  
Connections**

**Rejuvenation and Education  
of the  
Mind, Body & Spirit**

*June 2009 ISSUE*

Tel: 503-895-4730

# What's Happening?



## Monthly Crystal Classes

Join Rosemary Beam, TCI, Reiki Master every 3rd Friday of the month for an evening that will lift your spirit!

Change your understanding of stones through experiencing them first hand.

Coming in June:  
Turquoise

### "The Ultimate Healer"

Turquoise is rare and valuable in finer grades and has been prized as a gem and ornamental stone for thousands of years, owing to its unique hue. Use Turquoise in meditation, as well as in grids, to improve how your Home, Office, Sacred Space, Bedroom, etc. flows with energy.

**DATE:** Friday, June 19th  
(and every 3rd Friday of the month)

**TIME:** 7-9 PM

**WHERE:** Sellwood Spirit Feathers  
7704 SE 13th Ave. Portland 97202

**COST:** \$20

**TO REGISTER:** Contact Rosemary at 503-895-4730,  
503-484-5426 or [crystalbear22@msn.com](mailto:crystalbear22@msn.com)

**Drop-Ins Welcome!**

[rosemarybeam.com](http://rosemarybeam.com)

## Tuesday Night Meditation Classes

**\*\*NEW TIME\*\***

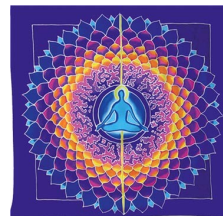
**When:** Every Tuesday Night from 7 - 8(ish)  
Doors open 6:45 to 7:00  
**- NO LATE ARRIVALS PLEASE -**

**Where:** 333 SW Park Ave. Suite 307  
Portland 97205

(Please contact Rosemary for **RSVP** and directions)

**Cost: Donation only**

This class is for everyone that wants to create calm in their life. Learn walking meditation, body and mind calming techniques and much, much more.



Each week we will focus on different techniques to enhance, or build a foundation for your own practice. Come join us in our beautiful, peaceful healing space. By donation, everyone is welcome.

For more information contact  
Rosemary at: 503-895-4730,  
503-484-5426  
[crystalbear22@msn.com](mailto:crystalbear22@msn.com) - or -  
[www.rosemarybeam.com](http://www.rosemarybeam.com)



## Shamanic Crystal Readings

If you are drawn to a crystal, it has knowledge for you! Using ancient techniques, Rosemary journeys into crystals to gather information on your behalf. As she does this, she establishes a dialogue with the consciousness of the crystals. This technique is unique in that it allows you, the client, to come into communication with the crystals of your choosing. For your Shamanic Crystal Reading, you can bring a crystal or a piece of your own jewelry. Or, you can choose one from Rosemary's collection, or from Sellwood Spirit Feathers' assortment of beautiful crystals.

Where: Sellwood Spirit Feathers  
7704 SE 13th Ave. Portland 97202

When: Every other Saturday, beginning April 25th  
2-5 pm (On a first-come-first-served basis)

Cost: 1/2 hour - \$45 Full hour - \$80

Appointments recommended!

Readings also available at Rosemary's Healing Space  
(call for an appointment)

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**Shamanic Crystal Readings available for parties  
and events!**

For more information on products and services  
please go to [www.rosemarybeam.com](http://www.rosemarybeam.com)

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